

Harry Lagerts Nattpokal 2011

Sammenlagt etter 3 løp

A Legendar

43 løpere

KI	#	Navn	Klubb	Løp 1	Løp 2	Løp 3	Sum123	Bak
A	1	Dag Aalvik	Nydalens SK	23:57	26:40	32:18	1:22:55	00:00
A	2	Sigve Vågsnes	Nydalens SK	25:12	27:23	31:38	1:24:13	01:18
A	3	Anders Bjergaard	Nydalens SK	22:13	30:20	33:18	1:25:51	02:56
A	4	Torben Christian Wendler	Raumar Orientering	26:13	27:39	32:08	1:26:00	03:05
A	5	Anders Nordberg	Vaajakosken Terä	27:13	31:40	28:18	1:27:11	04:16
A	6	Øystein Pettersen	Nydalens SK	24:25	30:40	32:18	1:27:23	04:28
A	7	Jan Tore Ludvigsen	Nydalens SK	25:13	30:40	32:18	1:28:11	05:16
A	8	Ragnar Tonjer	Nydalens SK	25:33	30:40	31:58	1:28:11	05:16
A	9	Jeppe Ruud	Bækkelagets SK	26:13	30:40	32:18	1:29:11	06:16
A	10	Matthew Speake	Lillomarka OL	26:13	30:40	32:18	1:29:11	06:16
A	11	Jarl Magnus Berge	Søgne og Songdalen OK	26:13	30:40	32:48	1:29:41	06:46
A	12	Borger Melsom	Fossum IF	26:13	30:30	33:18	1:30:01	07:06
A	13	Eirik Rustad	Raumar Orientering	26:13	30:40	33:18	1:30:11	07:16
A	14	Hallvard Koren	Moss, OK	26:13	30:40	33:18	1:30:11	07:16
A	15	Jonas Madslie Bakken	Nydalens SK	26:13	30:40	33:18	1:30:11	07:16
A	16	Jostein Nørbech	Tyrving, IL	26:13	30:40	33:18	1:30:11	07:16
A	17	Magne Jutulstad	Bækkelagets SK	26:13	30:40	33:18	1:30:11	07:16
A	18	Magnus Svingheim	Raumar Orientering	26:13	30:40	33:18	1:30:11	07:16
A	19	Sebastian Torgersen	Bækkelagets SK	26:13	30:40	33:18	1:30:11	07:16
A	20	Simen Rustad	Raumar Orientering	26:13	30:40	33:18	1:30:11	07:16
A	21	Terje Faugstad Bjertnes	Lillomarka OL	26:13	30:40	33:18	1:30:11	07:16
A	22	Trygve Tømta	Raumar Orientering	26:13	30:40	33:18	1:30:11	07:16
A	23	Øyvind Lund	Raumar Orientering	26:13	30:40	33:18	1:30:11	07:16
A	24	Andreas Johansson	Bækkelagets SK	26:13	31:40	32:18	1:30:11	07:16
A	25	Eirik Watterdal	Bækkelagets SK	26:13	31:40	32:18	1:30:11	07:16
A	26	Ola Marius Pedersen	Ås-UMB Orientering	26:13	31:40	32:18	1:30:11	07:16
A	27	Esten Koren	Nydalens SK	27:13	30:40	32:18	1:30:11	07:16
A	28	Nikolai Korvald Skaare	Nydalens SK	27:13	30:40	32:18	1:30:11	07:16
A	29	Per Øyvind Stene	Nydalens SK	26:43	31:40	32:18	1:30:41	07:46
A	30	Eirik Kamstrup Hovind	Raumar Orientering	27:13	31:40	31:48	1:30:41	07:46
A	31	Mattias Karlsson	Bækkelagets SK	26:13	31:40	33:18	1:31:11	08:16
A	32	Einar Tommelstad	Nydalens SK	27:13	30:40	33:18	1:31:11	08:16
A	33	Jonas Sommerstad Juveli	Lillomarka OL	27:13	30:40	33:18	1:31:11	08:16
A	34	Nicholas Oskarsson	Lillomarka OL	27:13	30:40	33:18	1:31:11	08:16
A	35	Gjermund Glesnes	Nydalens SK	27:13	31:40	32:18	1:31:11	08:16
A	36	Henrik Drange Ruud	Asker SK	27:13	31:40	32:18	1:31:11	08:16
A	37	Kristoffer Fiane Pedersen	Ås-UMB Orientering	27:13	31:40	32:18	1:31:11	08:16
A	38	Martin Grotle Soukup	Bækkelagets SK	27:13	31:40	32:18	1:31:11	08:16
A	39	Sindre Fjogstad	Oppsal IF	27:13	31:40	32:18	1:31:11	08:16
A	40	Sindre Rønning	Frol IL	27:13	31:40	32:18	1:31:11	08:16
A	41	Thierry Matthey	Gular, IL	27:13	31:40	32:18	1:31:11	08:16
A	42	Halvor Saunes	Nydalens SK	27:13	31:40	32:48	1:31:41	08:46
A	43	Simen Jevne Arnesen	Hamar OK	27:13	31:40	32:48	1:31:41	08:46
A	44	Alle Andre		27:13	31:40	33:18	1:32:11	09:16

B Ola og Kari

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KI	#	Navn	Klubb	Løp 1	Løp 2	Løp 3	Sum123	Bak
B	1	Magnus Skauge Oliveren	Trøsken IL	24:57	31:30	38:30	1:34:57	00:00
B	2	Eivnd Høydal	Nydalens SK	28:57	31:55	38:00	1:38:52	03:55
B	3	Even Skårholen	Nydalens SK	28:57	30:34	40:05	1:39:36	04:39
B	4	Lars-Christian Unger	Nydalens SK	28:57	34:34	36:05	1:39:36	04:39
B	5	Mathias Benjaminsen	Lillomarka OL	27:51	35:34	36:35	1:40:00	05:03
B	6	Anders B. Øksenholt	Nydalens SK	28:57	34:34	37:21	1:40:52	05:55
B	7	Florian Bochud	Nydalens SK	28:57	32:55	40:05	1:41:57	07:00
B	8	Jo Inge Fjellstad	Ås-UMB Orientering	28:21	34:32	40:05	1:42:58	08:01
B	9	Geir Hoff	Tyrving, IL	28:37	34:34	40:05	1:43:16	08:19
B	10	Jon Flydal	Nydalens SK	28:57	34:21	40:05	1:43:23	08:26
B	11	Hallvard Fjær	Lillomarka OL	28:57	34:34	40:05	1:43:36	08:39
B	12	Halvard Kværna	Østmarka OK	28:57	34:34	40:05	1:43:36	08:39
B	13	Nicole Rågvin	Nydalens SK	28:57	34:34	40:05	1:43:36	08:39
B	14	Svein Nygård	Lillomarka OL	28:57	34:34	40:05	1:43:36	08:39
B	15	Tord Haflan	Nydalens SK	28:57	34:34	40:05	1:43:36	08:39
B	16	Jan Tore Henriksen	Nydalens SK	29:57	34:34	39:17	1:43:48	08:51

B	17	Kine Gulliksen	Bækkelagets SK	29:27	34:34	40:05	1:44:06	09:09
B	18	Erik Olsvik Dengerud	Nydalens SK	28:47	34:34	41:05	1:44:26	09:29
B	19	Einar Lunøe	Nydalens SK	28:57	34:34	41:05	1:44:36	09:39
B	20	Terje Dengerud	Nydalens SK	28:57	34:34	41:05	1:44:36	09:39
B	21	Simen Eid Nielsen	Nydalens SK	29:27	34:34	40:35	1:44:36	09:39
B	22	Anders Emilsson	Oppsal IF	29:57	34:34	40:05	1:44:36	09:39
B	23	Espen Lunøe	Nydalens SK	29:57	34:34	40:05	1:44:36	09:39
B	24	Geir Ottar Kvernstuen	Cicero Consulting	29:57	34:34	40:05	1:44:36	09:39
B	25	Harald Astrup Arnesen	Heming/Njård OL	29:57	34:34	40:05	1:44:36	09:39
B	26	Helge Bakkehøi	Østmarka OK	29:57	34:34	40:05	1:44:36	09:39
B	27	Jo Wiklund	Nydalens SK	29:57	34:34	40:05	1:44:36	09:39
B	28	Joakim Prestmo	Bækkelagets SK	29:57	34:34	40:05	1:44:36	09:39
B	29	Morten Fismen	Nydalens SK	29:57	34:34	40:05	1:44:36	09:39
B	30	Rune Rystad	Nydalens SK	29:57	34:34	40:05	1:44:36	09:39
B	31	Steinar Låg	Østmarka OK	29:57	34:34	40:05	1:44:36	09:39
B	32	Ivar Maalen	Ås-UMB Orientering	28:57	35:34	40:35	1:45:06	10:09
B	33	Erik Paulsrud	Bækkelagets SK	29:57	35:04	40:05	1:45:06	10:09
B	34	Knut Landstad	Nydalens SK	28:57	35:34	41:05	1:45:36	10:39
B	35	Linn Hokholt	Lillomarka OL	28:57	35:34	41:05	1:45:36	10:39
B	36	Lone Brochmann	Eiker O-lag	28:57	35:34	41:05	1:45:36	10:39
B	37	Richard Zeiner-Gundersen	Fossum IF	28:57	35:34	41:05	1:45:36	10:39
B	38	Ståle Sønsterudbråten	Raumar Orientering	28:57	35:34	41:05	1:45:36	10:39
B	39	Bo Engdal	IL Koll	29:57	34:34	41:05	1:45:36	10:39
B	40	Håkon Håversen	Østmarka OK	29:57	34:34	41:05	1:45:36	10:39
B	41	Olav Eide	OSI Orientering	29:57	34:34	41:05	1:45:36	10:39
B	42	Elias Mølnvik	Fossum IF	29:57	35:34	40:05	1:45:36	10:39
B	43	Nils Bergan	Nydalens SK	29:57	35:34	40:05	1:45:36	10:39
B	44	Pål Haavengen	Nydalens SK	29:57	35:34	40:05	1:45:36	10:39
B	45	Thor Mella	Østmarka OK	29:57	35:34	40:05	1:45:36	10:39
B	46	Stig Dalsøren	Kristiansand OK	29:27	35:34	41:05	1:46:06	11:09
B	48	Alle Andre		29:57	35:34	41:05	1:46:36	11:39

C Lokal

105 løpere

KI	#	Navn	Klubb	Løp 1	Løp 2	Løp 3	Sum123	Bak
C	1	Silje Uhlen Maurset	Ås-UMB Orientering	29:26	38:13	39:00	1:46:39	00:00
C	2	Endre Stokseth	Nydalens SK	31:35	36:46	41:39	1:50:00	03:21
C	3	Terje Mathisen	Nydalens SK	29:02	38:07	43:00	1:50:09	03:30
C	4	Neil Marston	Nydalens SK	33:02	34:44	42:50	1:50:36	03:57
C	5	Vidar Benjaminsen	Lillomarka OL	30:32	37:52	42:30	1:50:54	04:15
C	6	Therese Haare	Konnerud IL	34:02	34:13	43:00	1:51:15	04:36
C	7	Steinar Kollerud	Lillomarka OL	34:02	34:55	43:00	1:51:57	05:18
C	8	Lars Krüger	Nydalens SK	33:02	36:22	43:00	1:52:24	05:45
C	9	Gunnar Engen Vik	Nydalens SK	33:02	37:13	43:30	1:53:45	07:06
C	10	Bent Ove Barmoen Rinden	OSI Orientering	33:02	38:13	43:00	1:54:15	07:36
C	11	Berit Sofie Wiklund	Nydalens SK	33:02	38:13	43:00	1:54:15	07:36
C	12	Bjørn Bakkevig	Heming/Njård OL	33:02	38:13	43:00	1:54:15	07:36
C	13	Cristina Luis	Nydalens SK	33:02	38:13	43:00	1:54:15	07:36
C	14	Dag Haugland	Østmarka OK	33:02	38:13	43:00	1:54:15	07:36
C	15	Even Angell-Petersen	Nydalens SK	33:02	38:13	43:00	1:54:15	07:36
C	16	Geir Trøan	Kolbotn / Skimt OL	33:02	38:13	43:00	1:54:15	07:36
C	17	Gjermund Tørnqvist Halden	Nydalens SK	33:02	38:13	43:00	1:54:15	07:36
C	18	Lars Hjermstad	Fossum IF	33:02	38:13	43:00	1:54:15	07:36
C	19	Magnus Rokne Vågen	Nydalens SK	33:02	38:13	43:00	1:54:15	07:36
C	20	Morten Rannem	Fossum IF	33:02	38:13	43:00	1:54:15	07:36
C	21	Ove Martinsen	Hauketo IF	33:02	38:13	43:00	1:54:15	07:36
C	22	Per Stedje	Østmarka OK	33:02	38:13	43:00	1:54:15	07:36
C	23	Rudi B Olsen	Lillomarka OL	33:02	38:13	43:00	1:54:15	07:36
C	24	Stein Blomseth	Vålerengens IF	33:02	38:13	43:00	1:54:15	07:36
C	25	Steinar Øvreås	Kongsberg OL	33:02	38:13	43:00	1:54:15	07:36
C	26	Ulrik Astrup Arnesen	Heming/Njård OL	33:02	38:13	43:00	1:54:15	07:36
C	27	Øyvind Grandum	GeoForm	33:02	38:13	43:00	1:54:15	07:36
C	28	Endre Hallan	Lillomarka OL	33:32	38:13	43:00	1:54:45	08:06
C	29	Tor Ringstad	Kongsberg OL	33:02	39:13	42:40	1:54:55	08:16
C	30	Are Sturød	Nydalens SK	33:02	38:13	44:00	1:55:15	08:36
C	31	Egil W Iversen	Heming/Njård OL	33:02	38:13	44:00	1:55:15	08:36
C	32	Elin Krogstad	Lillomarka OL	33:02	38:13	44:00	1:55:15	08:36

C 33	Natalia Dimitrova	Nydalens SK	33:02	38:13	44:00	1:55:15	08:36
C 34	Åsmund Aamodt Resell	Nydalens SK	33:02	38:13	44:00	1:55:15	08:36
C 35	Gaute Langaas	Nydalens SK	33:02	39:13	43:00	1:55:15	08:36
C 36	Jan Erik Aalberg	Bækkelaget SK	33:02	39:13	43:00	1:55:15	08:36
C 37	Jon Iver Bakken	Nydalens SK	33:02	39:13	43:00	1:55:15	08:36
C 38	Jostein Tandberg	Nydalens SK	33:02	39:13	43:00	1:55:15	08:36
C 39	Mads Lillevold	Ås-UMB Orientering	33:02	39:13	43:00	1:55:15	08:36
C 40	Ragnhild Hjerme	Fossum IF	33:02	39:13	43:00	1:55:15	08:36
C 41	Solveig Hegstad Krüger	Nydalens SK	33:02	39:13	43:00	1:55:15	08:36
C 42	Torstein Hole	Nydalens SK	33:02	39:13	43:00	1:55:15	08:36
C 43	Linn Kristine Gjesdal	Varegg Fleridrett	33:02	39:13	43:00	1:55:15	08:36
C 44	Andreas Erichsen	Nydalens SK	34:02	38:13	43:00	1:55:15	08:36
C 45	Carl-Erik Kopseng	Cicero Consulting	34:02	38:13	43:00	1:55:15	08:36
C 46	Claus Martinsen	Heming/Njård OL	34:02	38:13	43:00	1:55:15	08:36
C 47	Einar Jensen	Nydalens SK	34:02	38:13	43:00	1:55:15	08:36
C 48	Elias Wiklund	Nydalens SK	34:02	38:13	43:00	1:55:15	08:36
C 49	Helge Stubberud	Nydalens SK	34:02	38:13	43:00	1:55:15	08:36
C 50	Håkon Njåstein	Tyrving, IL	34:02	38:13	43:00	1:55:15	08:36
C 51	Jon Fredriksen	Hauketo IF	34:02	38:13	43:00	1:55:15	08:36
C 52	Linda Hanssen	Østmarka OK	34:02	38:13	43:00	1:55:15	08:36
C 53	Marianne Njåstein	Tyrving, IL	34:02	38:13	43:00	1:55:15	08:36
C 54	Martin Granly	Lillomarka OL	34:02	38:13	43:00	1:55:15	08:36
C 55	Svend Arne Ytterbøl	Halden SK	34:02	38:13	43:00	1:55:15	08:36
C 56	Tormod Øvergaard	Vestre Akers Skiklub	34:02	38:13	43:00	1:55:15	08:36
C 57	Vebjørn Tandberg	Nydalens SK	34:02	38:13	43:00	1:55:15	08:36
C 58	Øystein Kildahl	Østmarka OK	34:02	38:13	43:00	1:55:15	08:36
C 59	Øyvind Haugland	OSI Orientering	34:02	38:13	43:00	1:55:15	08:36
C 60	Tormod Kværna	Østmarka OK	34:02	38:13	43:30	1:55:45	09:06
C 61	Stig Karlsen	Abildsø Elektriske A/S	34:02	38:43	43:00	1:55:45	09:06
C 62	Stig Karlsen	Abildsø Elektriske A/S	34:02	38:43	43:00	1:55:45	09:06
C 63	Rein Jørgensen	Østmarka OK	32:52	39:13	44:00	1:56:05	09:26
C 64	Erlend Aamodt	Nydalens SK	33:02	39:13	44:00	1:56:15	09:36
C 65	Knut Aalde	Nydalens SK	33:02	39:13	44:00	1:56:15	09:36
C 66	Per Ola Ulseth	Nydalens SK	33:02	39:13	44:00	1:56:15	09:36
C 67	Sigurd Melsom	Fossum IF	33:02	39:13	44:00	1:56:15	09:36
C 68	Inge Ramberg	Østmarka OK	34:02	38:13	44:00	1:56:15	09:36
C 69	Ingunn Egeberg Vari	Sturla, IF	34:02	38:13	44:00	1:56:15	09:36
C 70	Jon Fixdal	Heming/Njård OL	34:02	38:13	44:00	1:56:15	09:36
C 71	Kari Ann Anensen	Nydalens SK	34:02	38:13	44:00	1:56:15	09:36
C 72	Ole Kjell Langmyren	Lillomarka OL	34:02	38:13	44:00	1:56:15	09:36
C 73	Pia skytteseter Iversen	Heming/Njård OL	34:02	38:13	44:00	1:56:15	09:36
C 74	Pär Johansson	Kolebakkens IF	34:02	38:13	44:00	1:56:15	09:36
C 75	Sam Lunøe	Nydalens SK	34:02	38:13	44:00	1:56:15	09:36
C 76	Siri Kollerud	Lillomarka OL	34:02	38:13	44:00	1:56:15	09:36
C 77	Stina Sandberg	Nydalens SK	34:02	38:13	44:00	1:56:15	09:36
C 78	Sven Tonjer	Heming/Njård OL	34:02	38:13	44:00	1:56:15	09:36
C 79	Tibor Vári	Sturla, IF	34:02	38:13	44:00	1:56:15	09:36
C 80	Øystein Tandberg	Nydalens SK	34:02	38:13	44:00	1:56:15	09:36
C 81	Andrine Benjaminsen	Lillomarka OL	34:02	39:13	43:00	1:56:15	09:36
C 82	Are Eriksen	OSI Orientering	34:02	39:13	43:00	1:56:15	09:36
C 83	Audun Bjerknes	Hauketo IF	34:02	39:13	43:00	1:56:15	09:36
C 84	Bjørn Erik Reinseth	Nydalens SK	34:02	39:13	43:00	1:56:15	09:36
C 85	Bjørn Hauge	OSI Orientering	34:02	39:13	43:00	1:56:15	09:36
C 86	Brynjar Fredheim	Lillomarka OL	34:02	39:13	43:00	1:56:15	09:36
C 87	Fredrik Dahlberg	Cicero Consulting	34:02	39:13	43:00	1:56:15	09:36
C 88	Ingvild Maalen-Johansen	Ås-UMB Orientering	34:02	39:13	43:00	1:56:15	09:36
C 89	Lisa Näsholm	Nydalens SK	34:02	39:13	43:00	1:56:15	09:36
C 90	Maria Jonsson	Nydalens SK	34:02	39:13	43:00	1:56:15	09:36
C 91	Martin Langaas	Oppsal IF	34:02	39:13	43:00	1:56:15	09:36
C 92	Morten Kristoffersen	Oppsal IF	34:02	39:13	43:00	1:56:15	09:36
C 93	Per-Ivar Nikolaisen	Oppsal IF	34:02	39:13	43:00	1:56:15	09:36
C 94	Petter Halvorsen	Kristiansand OK	34:02	39:13	43:00	1:56:15	09:36

C	95	Roger Mostue	Oppsal IF	34:02	39:13	43:00	1:56:15	09:36
C	96	Stefan Kernstock	OSI Orientering	34:02	39:13	43:00	1:56:15	09:36
C	97	Tore Sannes	Lillomarka OL	34:02	39:13	43:00	1:56:15	09:36
C	98	Torjus Selven Kallerud	Oppsal IF	34:02	39:13	43:00	1:56:15	09:36
C	99	Maiken Skirstad Mo	Nydalens SK	33:32	39:13	44:00	1:56:45	10:06
C	100	Marit Haavardsholm	Nydalens SK	34:02	38:43	44:00	1:56:45	10:06
C	101	Toril B Olsen	Lillomarka OL	34:02	38:43	44:00	1:56:45	10:06
C	102	Dorothea Schulze	Nydalens SK	34:02	39:13	43:30	1:56:45	10:06
C	103	Magnus Natås	Nydalens SK	34:02	39:13	43:30	1:56:45	10:06
C	104	Oda Wennemo	Raumar Orientering	34:02	39:13	43:30	1:56:45	10:06
C	105	Olai Stensland Lillevold	Ås-UMB Orientering	34:02	39:13	43:30	1:56:45	10:06
C	106	Alle Andre		34:02	39:13	44:00	1:57:15	10:36