

# Harry Lagerts Nattpokal 2011

## Løp 3 : Isdammen 12.10

Løypelegger : Hans Trøan

149 Startende

### A- Legendar

KI	Nr	Navn	Klubb	Anv.	Bonus	Res. Tid
A	1	Anders Nordberg	Vaajakosken Terä	0:29:18	01:00	28:18
A	2	Sigve Vågsnes	Nydalens SK	0:33:26	00:40	31:38
A	3	Eirik Kamstrup Hovind	Raumar Orientering	0:34:48	00:30	31:48
A	4	Ragnar Tonjer	Nydalens SK	0:35:12	00:20	31:58
A	5	Torben Christian Wendler	Raumar Orientering	0:36:17	00:10	32:08
A	6	Matthew Speake	Lillomarka OL	0:36:24		32:18
A	7	Kristoffer Fiane Pedersen	Ås-UMB Orientering	0:36:47		32:18
A	8	Per Øyvind Stene	Nydalens SK	0:37:26		32:18
A	9	Andreas Johansson	Bækkelagets SK	0:38:05		32:18
A	10	Esten Koren	Nydalens SK	0:38:38		32:18
A	11	Øystein Pettersen	Nydalens SK	0:40:51		32:18
A	12	Gjermund Glesnes	Nydalens SK	0:40:58		32:18
A	13	Jan Tore Ludvigsen	Nydalens SK	0:41:13		32:18
A	14	Martin Grotle Soukup	Bækkelagets SK	0:41:32		32:18
A	15	Eirik Watterdal	Bækkelagets SK	0:41:43		32:18
A	16	Dagdag Aalvik	Nydalens SK	0:41:45		32:18
A	17	Ola Marius Pedersen	Ås-UMB Orientering	0:43:02		32:18
A	18	Jeppe Ruud	Bækkelagets SK	0:45:02		32:18
A	19	Thierry Matthey	Gular, IL	0:45:23		32:18
A	20	Henrik Drange Ruud	Asker SK	0:46:15		32:18
A	21	Sindre Fjogstad	Oppsal IF	0:46:38		32:18
A	22	Nikolai Korvald Skaare	Nydalens SK	0:46:53		32:18
A	23	Sindre Rønning	Frol IL	0:24:55		32:18
A		Halvor Saunes	Nydalens SK	DNF		32:48
A		Simen Jevne Arnesen	Hamar OK	DNF		32:48
A		Jarl Magnus Berge	Søgne og Songdalen OK	DNF		32:48
<b>A</b>		<b>Ikke startende</b>				<b>33:18</b>

### B - Ola og Kari

KI	Nr	Navn	Klubb	Anv.	Bonus	Res. Tid
B	1	Lars-Christian Unger	Nydalens SK	0:37:05	01:00	36:05
B	2	Mathias Benjaminsen	Lillomarka OL	0:37:15	00:40	36:35
B	3	Anders B. Øksenholt	Nydalens SK	0:37:51	00:30	37:21
B	4	Eivnd Høydal	Nydalens SK	0:38:20	00:20	38:00
B	5	Magnus Skauge Oliveren	Trøsken IL	0:38:40	00:10	38:30
B	6	Jan Tore Henriksen	Nydalens SK	0:39:17		39:17
B	7	Geir Ottar Kvernstuen	Cicero Consulting	0:41:25		40:05
B	7	Erik Paulsrud	Bækkelagets SK	0:42:09		40:05
B	9	Geir Hoff	Tyrving, IL	0:42:13		40:05
B	10	Jon Flydal	Nydalens SK	0:42:14		40:05
B	11	Rune Rystad	Nydalens SK	0:43:14		40:05
B	12	Thor Mella	Østmarka OK	0:43:58		40:05
B	13	Steinar Låg	Østmarka OK	0:44:28		40:05
B	14	Anders Emilsson	Oppsal IF	0:46:10		40:05
B	15	Svein Nygård	Lillomarka OL	0:47:21		40:05
B	16	Jo Inge Fjellstad	Ås-UMB Orientering	0:47:29		40:05
B	17	Nicole Ragvin	Nydalens SK	0:48:13		40:05
B	18	Helge Bakkehøi	Østmarka OK	0:48:57		40:05
B	19	Pål Haavengen	Nydalens SK	0:49:14		40:05
B	20	Kine Gulliksen	Bækkelagets SK	0:49:16		40:05
B	21	Morten Fismen	Nydalens SK	0:50:25		40:05
B	22	Espen Lunøe	Nydalens SK	0:50:25		40:05
B	23	Jo Wiklund	Nydalens SK	0:51:22		40:05
B	24	Elias Mølnvik	Fossum IF	0:51:44		40:05
B	25	Halvard Kværna	Østmarka OK	0:51:49		40:05
B	26	Harald Asrup Arnesen	Heming/Njård OL	0:52:17		40:05

B	27	Joakim Prestmo	Bækkelaget SK	0:54:19		40:05
B	28	Hallvard Fjær	Lillomarka OL	0:55:27		40:05
B	29	Tord Haflan	Nydalens SK	0:55:48		40:05
B	30	Florian Bochud	Nydalens SK	0:56:00		40:05
B	31	Even Skårholen	Nydalens SK	01:02:15		40:05
B	32	Nils Bergan	Nydalens SK	01:09:41		40:05
B		Simen Eid Nielsen	Nydalens SK	DNF		40:35
B		Ivar Maalen	Ås-UMB Orientering	DNF		40:35
<b>B</b>		<b>Ikke startende</b>				<b>41:05</b>

### C - Lokal

KI	Nr	Navn	Klubb	Anv.	Bonus	Res. Tid
C	1	Silje Uhlen Maurset	Ås-UMB Orientering	0:40:00	01:00	39:00
C	2	Endre Stokseth	Nydalens SK	0:42:19	00:40	41:39
C	3	Vidar Benjaminsen	Lillomarka OL	0:43:06	00:30	42:30
C	4	Tor Ringstad	Kongsberg OL	0:44:19	00:20	42:40
C	5	Neil Marston	Nydalens SK	0:45:00	00:10	42:50
C	6	Terje Mathisen	Nydalens SK	0:46:23		43:00
C	7	Therese Haare	Konnerud IL	0:47:45		43:00
C	8	Gaute Langaas	Nydalens SK	0:48:00		43:00
C	9	Elias Wiklund	Nydalens SK	0:48:31		43:00
C	9	Steinar øvreås	Kongsberg OL	0:48:47		43:00
C	11	Svend Arne Ytterbøl	Halden SK	0:49:15		43:00
C	12	Einar Jensen	Nydalens SK	0:49:35		43:00
C	13	Torstein Hole	Nydalens SK	0:49:35		43:00
C	14	Berit Sofie Wiklund	Nydalens SK	0:50:14		43:00
C	15	Håkon Njåstein	Tyrving, IL	0:50:32		43:00
C	16	Steinar Kollerud	Lillomarka OL	0:50:38		43:00
C	17	Vebjørn Tandberg	Nydalens SK	0:50:49		43:00
C	18	Martin Granly	Lillomarka OL	0:51:09		43:00
C	19	Ulrik Astrup Arnesen	Heming/Njård OL	0:51:15		43:00
C	20	Bent Ove Barmoen Rinden	OSI Orientering	0:51:38		43:00
C	21	Morten Kristoffersen	Oppsal IF	0:51:55		43:00
C	22	Jon Iver Bakken	Nydalens SK	0:52:02		43:00
C	23	Ove Martinsen	Hauketo IF	0:52:25		43:00
C	24	Øyvind Haugland	OSI Orientering	0:52:37		43:00
C	25	Bjørn Hauge	OSI Orientering	0:53:04		43:00
C	26	Maria Jonsson	Nydalens SK	0:53:10		43:00
C	27	Andrine Benjaminsen	Lillomarka OL	0:53:28		43:00
C	28	Petter Halvorsen	Kristiansand OK	0:53:48		43:00
C	29	Lars Hjermstad	Fossum IF	0:53:51		43:00
C	30	Ingvild Maalen-Johansen	Ås-UMB Orientering	0:54:08		43:00
C	31	Tore Sannes	Lillomarka OL	0:54:15		43:00
C	32	Brynjar Fredheim	Lillomarka OL	0:55:00		43:00
C	33	Gjermund Tørnqvist Halden	Nydalens SK	0:55:28		43:00
C	34	Morten Rannem	Fossum IF	0:55:34		43:00
C	35	Helge Stubberud	Nydalens SK	0:55:54		43:00
C	36	Øystein Kildahl	Østmarka OK	0:55:56		43:00
C	37	Lars Krüger	Nydalens SK	0:56:52		43:00
C	38	Stein Blimseth	Vålerengens IF	0:56:57		43:00
C	39	Are Eriksen	OSI Orientering	0:57:10		43:00
C	40	Claus Martinsen	Heming/Njård OL	0:57:29		43:00
C	41	Solveig Hegstad Krüger	Nydalens SK	0:59:35		43:00
C	42	Dag Haugland	Østmarka OK	1:00:15		43:00
C	43	Magnus Rokne Vågen	Nydalens SK	1:00:32		43:00
C	44	Marianne Njåstein	Tyrving, IL	1:01:45		43:00

C	45	Even Angell-Petersen	Nydalens SK	1:02:18	43:00
C	46	Ragnhild Hjermstad	Fossum IF	1:02:49	43:00
C	47	Roger Mostue	Oppsal IF	1:02:56	43:00
C	48	Linda Hanssen	Østmarka OK	1:03:22	43:00
C	49	Jan Erik Aalberg	Bækkelagets SK	1:03:29	43:00
C	50	Torjus Selven Kallerud	Oppsal IF	1:03:36	43:00
C	51	Stig Karlsen	Abildsø Elektriske A/S	1:04:25	43:00
C	52	Per-Ivar Nikolaisen	Oppsal IF	1:05:30	43:00
C	53	Cristina Luis	Nydalens SK	1:07:22	43:00
C	54	Tormod Øvergaard	Vestre Akers Skiklub	1:07:26	43:00
C	55	Per Stedje	Østmarka OK	1:09:12	43:00
C	56	Bjørn Bakkevig	Heming/Njård OL	1:09:26	43:00
C	57	Stefan Kernstock	OSI Orientering	1:09:54	43:00
C	58	Jostein Tandberg	Nydalens SK	1:09:59	43:00
C	59	Martin Langaas	Oppsal IF	1:10:21	43:00
C	60	Linn Kristine Gjesdal	Varegg Fleridrett	1:11:09	43:00 *
C	61	Lisa Näsholm	Nydalens SK	1:11:21	43:00
C	62	Andreas Erichsen	Nydalens SK	1:11:28	43:00
C	63	Geir Trøan	Kolbotn / Skimt OL	1:12:07	43:00
C	64	Jon Fredriksen	Hauketo IF	1:12:32	43:00
C	65	Øyvind Grandum	GeoForm	1:14:22	43:00
C	66	Audun Bjerknes	Hauketo IF	1:14:26	43:00
C	67	Endre Hallan	Lillomarka OL	1:15:38	43:00
C	68	Mads Lillevold	Ås-UMB Orientering	1:15:57	43:00
C	69	Bjørn Erik Reinseth	Nydalens SK	1:17:17	43:00
C	70	Rudi B Olsen	Lillomarka OL	1:23:08	43:00
C	71	Fredrik Dahlberg	Cicero Consulting	1:34:21	43:00
C	72	Carl-Erik Kopseng	Cicero Consulting	1:34:57	43:00
C		Olai Stensland Lillevold	Ås-UMB Orientering	DNF	43:30
C		Oda Wennemo	Raumar Orientering	DNF	43:30
C		Gunnar Engen Vik	Nydalens SK	DNF	43:30
C		Dorothea Schulze	Nydalens SK	DNF	43:30
C		Tormod Kværna	Østmarka OK	DNF	43:30
C		Magnus Natås	Nydalens SK	DSQ	43:30
C		<b>Ikke startende</b>			<b>44:00</b>

### RC - Rekrutt C-løype

KI	Nr	Navn	Klubb	Res. Tid
R	1	Halvor Tørnqvist Halden	Nydalens SK	24:14
R	2	Øyvind Hjermstad	Fossum IF	26:34
R	3	Nora Graffer	Østmarka OK	27:26
R	4	Maria Olsbø	Østmarka OK	27:27
R	5	Henriette Smeby	Nydalens SK	28:30
R	6	Audun Bergan	Nydalens SK	32:25
R	7	Espen Hegstad Krüger	Nydalens SK	32:36
R	8	Åse Bergan	Nydalens SK	38:08
R	9	Ragnhild Holen	Østmarka OK	41:17
R	10	Marte Madslie Bakken	Varegg Fleridrett	54:32
R		Ragne Wiklund	Nydalens SK	DNF